

New Canaan Darrien + ROWAYTON

JANUARY/FEBRUARY 2017 | \$5.95

*Here's
Looking
at
You!*

THE
TRANSFO

RMATION

ISSUE

50+
WAYS TO
CHANGE YOUR

STYLE | **HABITS** | ATTITUDE

FRIENDSHIPS | HEALTH | **HOME**

CAREER | **SPIRIT** | SELF

*and have
FUN doing it!*